

Franklin Park Ice Arena

2020 Program Schedule



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It's easy to register...you can register online!

- * Online registration is preferred
- * Register by phone with a credit card by calling 847-671-4268, Mon-Fri, 9am-4pm
- * In-person registration can also be taken Mon-Fri, 9am-4pm. Please call us when you arrive & our staff will meet you outside to assist you.

About our Summer Skating School...

We follow the Ice Skating Institute curriculum. weSKATE is the leading learn-to-skate program that focuses on teaching people to skate for the FUN of it.



- Learn-to-Skate classes meet once a week for 8 weeks
- Progress Reports will be given at the end of the session outlining the skater's ability to perform the required maneuvers and a guideline for Fall (Session 1) class placement
- There are no "makeups"
- Pro-rated refund requests are accepted at the front counter-only until the end of the second week of class
- Freestyle Contract Ice is for 8 weeks
- Our professional coaches are available for "private lessons" if extra help is needed. Fill out a private lesson request form to set this up
- Public Skating sessions will be available on weekends only at an extra fee for additional practice time

Summer Session 2020 July 6 - August 29 (8 weeks)

Our class offerings are temporarily reduced for the Summer 2020 session in order to better control the number of people in our building at any given time. Please read about new safety guidelines put in place and see pages 2 & 3 for a complete list of classes available.

Registration Begins:

June 8 - In-District Franklin Park Residents

June 10 - Open Registration

(see top of brochure for registration options)



Skating School students can also participate in our Summer Skating Camp! See Page 3!

847-671-4268 * fpice.com

TOT & BEGINNER CLASSES

With your child's safety in mind, we have decided to **NOT** offer any Tot or Beginner skating lessons for our Summer 2020 session, as these classes require a great deal of contact between skaters & instructors and amongst the skaters themselves. As long as there are no mandated restrictions in the Fall, we do plan to offer these levels again starting in September.

CUSTOMERS NEEDING TO RENT SKATES, PLEASE READ:

Skate rental will only be available for lessons. Anyone needing to rent skates will be expected to pay \$24 up front (covers the normal 8 week rental fee) **PLUS** a \$25 deposit and use a specific pair of skates that will be taken home for the duration of the class. Your \$25 will be refunded to you by check mailed to your home at the end of the session after skates are returned or can be used as a credit toward Fall classes.

Please help us maintain a safe and clean facility by adhering to our procedures for re-opening.

*Face coverings must be worn by all patrons in common areas of the building, over the age of 2 and medically able to. Skaters may remove masks (if they choose) once they are on the ice surface but must put them back on when they step off the ice.

*All skaters are to enter the facility dressed and ready to skate. Arriving no more than 15 minutes prior to class time.

*Any warming up/stretching must take place outside, before entering.

*Only parent or guardians designated to assist with skates on and skates off should enter the building with their skater and maintain social distancing while in spectator areas.

*Enter and exit the facility through specified entry and exit doors.

*Follow the designated traffic pattern in the facility and maintain social distancing while in the facility.

*Drinking fountains will not be available. Please bring a labeled water bottle or water/beverages can be purchased from our vending machines.

*These guidelines may change or be added to leading up to the start of or during the session. We will continue to communicate with you.

SUMMER CLASSES

Day	Time	Wks	ID	OD
PRE-ALPHA or skaters who passed Beginners (swizzles, gliding, beginning stroking)				
Wednesday*	5:10-5:40 pm	8	\$56	\$70
Saturday*	11:00-11:30 am	8	\$56	\$70

ALPHA 1 & 2 Combined (snowplow stop, forward stroking and crossovers)

Monday*	2:00-2:30 pm	8	\$56	\$70
Wednesday*	5:10-5:50 pm	8	\$71	\$88
Saturday~	9:40-10:20 am	8	\$71	\$88

BETA 1 & 2 Combined (t-stops, back stroking and crossovers)

Skaters may be divided within classes into basic and more advanced skill levels.

Monday*	5:10-5:50 pm	8	\$71	\$88
Wednesday*	2:00-2:30 pm	8	\$56	\$70
Saturday~	9:40-10:20 am	8	\$71	\$88

GAMMA

Wednesday~	2:30-3:10 pm	8	\$71	\$88
Wednesday*	5:10-5:50 pm	8	\$71	\$88
Saturday~	10:20-11:00 am	8	\$71	\$88

DELTA

Wednesday~	2:30-3:10 pm	8	\$71	\$88
Wednesday*	5:10-5:50 pm	8	\$71	\$88
Saturday~	10:20-11:00 am	8	\$71	\$88

ADULTS LIKE TO SKATE TOO!

AGES 15 & OLDER enroll in a weekly class. You can remain in the same class learning all the skills from our curriculum of Beginner and Intermediate levels.

TEEN & ADULT (Beginner and Intermediate)

Day	Time	Wks	ID	OD
Saturday* BEG	9:00-9:40 am	8	\$78	\$93
Saturday* INT	9:00-9:40 am	8	\$78	\$93

~Studio Arena *Main Arena

**Questions? Contact our Skate School Director
Anne Raucci at 847-671-4268 or
email araucci@fpparks.org**

FREESTYLE CLASSES

Student/Teacher Ratio for Freestyle levels ~ 10:1

Day	Time	Wks	ID	OD
FREESTYLE 1				
Monday*	5:10-5:50 pm	8	\$83	\$101
FREESTYLE 2				
Monday*	5:10-5:50 pm	8	\$83	\$101
FREESTYLE 1 & 2 COMBINED STUDIO ARENA				
Saturday~	9:00-9:40 am	8	\$83	\$101
FREESTYLE 3				
Monday*	5:10-5:50 pm	8	\$83	\$101
FREESTYLE 4				
Monday*	5:10-5:50 pm	8	\$83	\$101
FREESTYLE 1,2,3,4 COMBINED (8 SKATERS MAX)				
Wednesday*	5:10-5:50 pm	8	\$83	\$101
FREESTYLE 5 AND ABOVE				
Monday*	5:50-6:30 pm	8	\$83	\$101
Wednesday*	5:50-6:30 pm	8	\$83	\$101

SPECIALTY CLASSES

Day	Time	Wks	ID	OD
SPECTRUM (POWER CLASS)				
<i>Take your skating skills to the next level!</i>				
This class focuses on improving edge quality while working on modern drills and patterns. Must be Delta or above.				
Monday*	6:40-7:10 pm	8	\$82	\$104

MOVES IN THE FIELD + FREESTYLE

This class will help skaters increase power and strength. The focus is on edge quality, power, extension, and quickness.

Instructor: Anne Raucci & Lisa Menotti

Tuesday*	6:00-6:30 am	8	\$82	\$104
Freestyle	6:30-7:00 am	Included		

ICE DANCING + FREESTYLE

For skaters Delta or above. This class will be an introduction to Ice Dance patterns. You will be preparing for your Ice Dancing tests.

Ice dancing is especially helpful to Synchro skaters, as these tests are required for high level teams. You will also improve the edge quality of all your turns & steps.

Thursday*	6:00-6:30 am	8	\$82	\$104
Freestyle	6:30-7:00 am	Included		

OFF-ICE PERFORMANCE CLASS

For skaters tested Delta or above.

This class will provide our Freestyle skaters with the muscle toning and strengthening skills needed to enhance their on-ice skating skills. Focus will be on stretching and flexibility.

Monday*	6:40-7:20 pm	8	\$65	\$80
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Did you know we also offer a Summer Skating Camp?

July 7 - August 14, 2020

**Limited space available*

Tot* thru Gamma Camp

Tuesday & Thursday 8:30am-1:00pm

Friday 8:20am-11:20am

**For a Tot level skater to participate, they must be at least Tot 3/4 level and a returning skater from our Skating School. No Beginner skaters will be allowed to participate in camp this summer.*

6 Weeks: \$476 (ID) / \$516 (OD)

5 Weeks: \$420 (ID) / \$460 (OD)

4 Weeks: \$368 (ID) / \$408 (OD)

Delta thru Freestyle Camp

Tuesday & Thursday 8:00am-2:20pm

Friday 8:00-11:20am

6 Weeks: \$656 (ID) / \$696 (OD)

5 Weeks: \$575 (ID) / \$615 (OD)

4 Weeks: \$500 (ID) / \$540 (OD)

Camp is 6 weeks. You must register for a minimum of 4 weeks. 25% due at registration. 3 additional payments automatically withdrawn on June 23, July 14 & August 11. For a more detailed brochure, visit our website www.fpice.com

In-District Registration Begins - June 8

Open Registration Begins - June 10

Online registration is preferred. If not utilizing online registration, please see alternative options listed on the front cover of this brochure.

MORE ABOUT OUR SKATING

SCHOOL...

Skating requires consistent practice!

Students and parents are reminded that skating is a skill that requires practice in order to advance to the next level.

Students should plan to practice in addition to their weekly lesson. This summer we will offer Public Sessions on weekends only at a reasonable price. In addition, students may choose to augment their lesson with a freestyle session. There are several half hour weekday freestyle sessions for students Gamma and below who are working with a private instructor. For our more advanced skaters, freestyle ice is available six days a week. Please see our front counter staff or visit our website for a schedule of available times.

As a guide, students should practice weekly in addition to their lesson on the following scale:

Tots, Beginners, Pre-Alpha	1 to 1-1/2 hours
Alpha/Beta/Gamma/Delta	1-1/2 to 2 hours
Freestyle 1-4	2 to 3-1/2 hours
Freestyle 5 and above	3-1/2 to 6 hours



PRIVATE LESSONS

We offer private lessons for skaters at any level. Our professional coaches can help your skater achieve their goals. Would you like more information? Pick up a Private Lesson flyer at the ice arena or download one from our website fpice.com.

SUMMER TESTING PROCEDURE

Panel testing will be conducted on August 11, from 4:30-6:00pm for students in the Alpha 2-Freestyle levels. Skaters will be recommended to test by their group lesson instructor based on their progress in the class. All students not recommended for testing will receive a Progress Report. Panel testing will ensure consistency of the passing standard throughout the entire Skating School.

When a skater is recommended, they will attend the test session on **Tuesday, August 11** with a panel of coaches that will evaluate their skills to determine if they are ready to move to the next level for the Fall session.



Park District of Franklin Park Ice Arena

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fpice.com

