

Franklin Park Ice Arena



Winter 2021-22 Program Schedule



Session 2:

November 29, 2021 - February 26, 2022

No classes during Holiday Break:

December 22 - January 4

Classes resume January 5

Session 2 is 11 Weeks

Don't delay...Registration begins soon!

In District: November 16

Out of District: November 17

Registration Options:

Register online at fpice.com!

In-person registration hours:

Monday thru Friday, 9am-8pm

Sat & Sun - 8am-4pm

Let's Skate

Public Session Schedule

| | |
|------------------|---|
| Monday | 11:30am-1:00pm |
| Tuesday | 11:30am-1:00pm |
| Wednesday | 11:30am-1:00pm & 7:10-8:10pm |
| Thursday | 11:30am-1:00pm |
| Friday | 11:30am-1:00pm |
| Saturday | 2:00-3:30pm & 8:20-9:50pm |
| Sunday | 2:00-3:30pm |

Admission \$6 / Skate Rental \$3

Schedule is subject to change.

Please check for updates on fpice.com

Holiday Recital 2021

Saturday, December 4 @ 4:30pm

Sunday, December 5 @ 3:00pm

Admission \$5, Ages 4 & Up

You'll enjoy the talents of our young skaters as they perform to the music of the season. We promise to lift your spirits and help you celebrate the special joys of the holiday season.

After Saturday's performance, everyone who attends the show is invited to stay and skate for FREE!

**Skater registration for the recital has ended*

Spring Ice Show 2022

It's the highlight of the season!

May 13 @ 6pm

May 14 @ 4pm

May 15 @ 2pm

Don't miss out on your chance to shine in our annual Spring Ice Show! Registration for the show begins mid-December. Students participating in Sessions 2 & 3 of lessons are eligible to participate.

Our Spring Ice Show brochure will be made available prior to registration.

Winter Skating at the FPIA!

Holiday Break: No Classes December 22 - January 4



Tots AGES 3, 4 & 5 enroll in a weekly class that meets for 30 minutes. As you progress, you'll be promoted to the Tot 2 class then on to Tot 3 and Tot 4!

Student/Teacher Ratio for Tots ~ 6:1

| Day | Time | Wks | ID/OD | Code |
|---|----------------|-----|-------|------|
| Tot 1 <i>beginners ages 3-5 (balancing & marching)</i> | | | | |
| Wednesday~ | 2:50-3:20 pm | 11 | \$80 | 5396 |
| Wednesday~ | 5:05-5:35 pm | 11 | \$80 | 5397 |
| Thursday~ | 5:10-5:40 pm | 11 | \$80 | 5394 |
| Saturday~ | 10:20-10:50 am | 11 | \$80 | 5392 |

Tot 2 for Tot 1 graduates (gliding, marching)

| Day | Time | Wks | ID | OD | Code |
|------------|----------------|-----|------|-------|------|
| Wednesday~ | 2:50-3:20 pm | 11 | \$91 | \$109 | 5402 |
| Wednesday~ | 5:05-5:35 pm | 11 | \$91 | \$109 | 5403 |
| Thursday~ | 5:10-5:40 pm | 11 | \$91 | \$109 | 5400 |
| Saturday~ | 10:20-10:50 am | 11 | \$91 | \$109 | 5398 |

Tot 3 & 4 (Tot 3: dip, wiggle, back swizzle, beginning stroking, stops Tot 4: swizzles, stroking, beginning crossovers)

| Day | Time | Wks | ID | OD | Code |
|------------|----------------|-----|------|-------|------|
| Wednesday~ | 2:50-3:20 pm | 11 | \$91 | \$109 | 5407 |
| Wednesday~ | 5:05-5:35 pm | 11 | \$91 | \$109 | 5408 |
| Thursday~ | 5:10-5:40 pm | 11 | \$91 | \$109 | 5405 |
| Saturday~ | 10:20-10:50 am | 11 | \$91 | \$109 | 5404 |

Student/Teacher Ratio for Beginners and Above ~ 10:1

BEGINNERS AGES 6-12 As you progress, you'll be promoted to the "Pre-Alpha" class, then on to "Alpha".

| Day | Time | Wks | ID/OD | Code |
|------------|-----------------|-----|-------|------|
| Monday~ | 6:10-6:50 pm | 11 | \$95 | 5355 |
| Wednesday~ | 6:15-6:55 pm | 11 | \$95 | 5359 |
| Thursday* | 5:40-6:20 pm | 11 | \$95 | 5358 |
| Saturday~ | 9:40-10:20 am | 11 | \$95 | 5357 |
| Saturday~ | 11:30am-12:10pm | 11 | \$95 | 5356 |

ADULTS LIKE TO SKATE TOO!

AGES 15 & OLDER enroll in a weekly class from our Beginner and Intermediate levels.

TEEN/ADULT: Level 1 Beginner (beginning skating through backwards crossovers)

| | | | | | |
|-----------|--------------|----|-------|-------|------|
| Saturday~ | 9:00-9:40 am | 11 | \$107 | \$125 | 5344 |
|-----------|--------------|----|-------|-------|------|

TEEN/ADULT: Level 2 Intermediate (3-turns, spins and jumps)

| | | | | | |
|-----------|--------------|----|-------|-------|------|
| Saturday~ | 9:00-9:40 am | 11 | \$107 | \$125 | 5345 |
|-----------|--------------|----|-------|-------|------|

TEEN/ADULT: Level 1 & 2 Combined

| | | | | | |
|------------|--------------|----|-------|-------|------|
| Wednesday* | 3:20-4:00 pm | 11 | \$107 | \$125 | 5391 |
|------------|--------------|----|-------|-------|------|

Student/Teacher Ratio for Beginner and above ~ 10:1

PRE-ALPHA for skaters who passed Beginners (swizzles, gliding, beginning stroking)

| Day | Time | Wks | ID | OD | Code |
|------------|---------------|-----|-------|-------|------|
| Monday~ | 6:50-7:30 pm | 11 | \$107 | \$125 | 5385 |
| Wednesday~ | 5:35-6:15 pm | 11 | \$107 | \$125 | 5388 |
| Thursday~ | 4:30-5:10 pm | 11 | \$107 | \$125 | 5387 |
| Saturday~ | 9:40-10:20 am | 11 | \$107 | \$125 | 5386 |

ALPHA 1 (snowplow stop, forward stroking and crossovers)

| | | | | | |
|------------|----------------|----|-------|-------|------|
| Monday~ | 5:25-6:05 pm | 11 | \$107 | \$125 | 5346 |
| Wednesday~ | 6:15-6:55 pm | 11 | \$107 | \$125 | 5349 |
| Thursday* | 4:30-5:10 pm | 11 | \$107 | \$125 | 5348 |
| Saturday~ | 10:50-11:30 am | 11 | \$107 | \$125 | 5347 |

ALPHA 2 (advanced snowplow stop, forward stroking and crossovers)

| | | | | | |
|------------|----------------|----|-------|-------|------|
| Monday~ | 6:50-7:30 pm | 11 | \$107 | \$125 | 5350 |
| Wednesday~ | 6:15-6:55 pm | 11 | \$107 | \$125 | 5353 |
| Thursday* | 4:30-5:10 pm | 11 | \$107 | \$125 | 5352 |
| Saturday~ | 10:50-11:30 am | 11 | \$107 | \$125 | 5351 |

BETA 1 (t-stops, back stroking and backward crossovers)

| | | | | | |
|---------|--------------|----|-------|-------|------|
| Monday~ | 6:10-6:50 pm | 11 | \$107 | \$125 | 5360 |
|---------|--------------|----|-------|-------|------|

BETA 2 (advanced t-stops, back stroking and backward crossovers)

| | | | | | |
|---------|--------------|----|-------|-------|------|
| Monday~ | 6:10-6:50 pm | 11 | \$107 | \$125 | 5363 |
|---------|--------------|----|-------|-------|------|

BETA 1 & 2 Combined

| | | | | | |
|-----------|----------------|----|-------|-------|------|
| Thursday* | 5:40-6:20 pm | 11 | \$107 | \$125 | 5362 |
| Saturday~ | 10:50-11:30 am | 11 | \$107 | \$125 | 5361 |

GAMMA (outside 3-turns, mohawks and hockey stops)

| | | | | | |
|------------|---------------|----|-------|-------|------|
| Monday~ | 5:25-6:05 pm | 11 | \$107 | \$125 | 5376 |
| Wednesday~ | 5:35-6:15 pm | 11 | \$107 | \$125 | 5378 |
| Saturday~ | 11:30a-12:10p | 11 | \$107 | \$125 | 5377 |

DELTA (edges, inside 3-turns, lunges and bunny hops)

| | | | | | |
|------------|---------------|----|-------|-------|------|
| Monday~ | 5:25-6:05 pm | 11 | \$107 | \$125 | 5365 |
| Wednesday~ | 5:35-6:15 pm | 11 | \$107 | \$125 | 5367 |
| Saturday~ | 11:30a-12:10p | 11 | \$107 | \$125 | 5366 |

Register Online!
 Enjoy the benefits of checking program availability, class descriptions and registering from home. Visit our website **fpice.com** to get started!

~Studio Arena *Main Arena ^Party Room

847-671-4268 * fpice.com

FREESTYLE CLASSES

Student/Teacher Ratio for Freestyle levels ~ 10:1

| Day | Time | Wks | ID | OD | Code |
|---|--------------|-----|-------|-------|------|
| FREESTYLE 1 (<i>back edges, waltz & 1/2 flip jumps, forward spiral and 2-foot spin for Delta graduates</i>) | | | | | |
| Monday* | 5:25-6:05 pm | 11 | \$120 | \$143 | 5368 |
| FREESTYLE 2 (<i>ballet, waltz combo jump, half lutz jumps, one foot spin, spirals and footwork</i>) | | | | | |
| Monday* | 5:25-6:05 pm | 11 | \$120 | \$143 | 5370 |
| FREESTYLE 3 (<i>salchow and toe loop, change foot spin, back spiral and pivot, and footwork</i>) | | | | | |
| Monday* | 5:25-6:05 pm | 11 | \$120 | \$143 | 5371 |
| FREESTYLE 1, 2 & 3 COMBINED | | | | | |
| Thursday* | 4:30-5:10 pm | 11 | \$120 | \$143 | 5369 |
| FREESTYLE 4 (<i>flip, loop, sit spin, back 3-turns, back spirals</i>) | | | | | |
| Monday* | 5:25-6:05 pm | 11 | \$120 | \$143 | 5373 |
| FREESTYLE 4 & UP COMBINED | | | | | |
| Thursday* | 4:30-5:10 pm | 11 | \$120 | \$143 | 5372 |
| FREESTYLE 5 (<i>lutz, axel, camel, camel sit, back scratch, footwork</i>) | | | | | |
| Monday* | 6:05-6:45 pm | 11 | \$120 | \$143 | 5374 |
| FREESTYLE 6 & ABOVE (<i>split jump/falling leaf, double salchow, combo spin, layback, sit change spin, footwork</i>) | | | | | |
| Monday* | 6:05-6:45 pm | 11 | \$120 | \$143 | 5375 |

SPECIALTY CLASSES

MOVES IN THE FIELD + FREESTYLE

This class will help skaters increase power and strength.

The focus is on edge quality, power, extension, and quickness. Instructor: Courtney Dziadosz & Anne Raucci

| | | | | | |
|-----------|--------------|----------|-------|-------|------|
| Tuesday* | 6:00-6:30 am | 11 | \$124 | \$148 | 5381 |
| Freestyle | 6:30-7:00 am | Included | | | |

ICE DANCING + FREESTYLE

For skaters Delta or above. This class will be an introduction to Ice Dance patterns. You will be preparing for your Ice Dancing tests. Ice Dancing is especially helpful to Synchro skaters, as these tests are required for high level teams. You will also improve the edge quality of all your turns & steps. Instructor: Jake Fearnley & Helen Schorse

| | | | | | |
|-----------|--------------|----------|-------|-------|------|
| Thursday* | 6:00-6:30 am | 11 | \$124 | \$148 | 5379 |
| Freestyle | 6:30-7:00 am | Included | | | |

OFF ICE JUMP CLASS

For skaters Freestyle 5 & Above.

This class works well in combination with our on-ice freestyle classes. You will be doing off-ice drills to improve your jump technique. Focus will be on axels & double jumps. Instructor: Joey Moore

| | | | | | |
|---------|--------------|----|------|-------|------|
| Monday^ | 5:25-5:55 pm | 11 | \$89 | \$109 | 5382 |
|---------|--------------|----|------|-------|------|

SPECIALTY CLASSES

CONTINUED...

SYNCHRO MOVES & POWER

For skaters tested Beta or above. Further develop your synchronized skating skills with this moves skating class. Class focuses on moves patterns put in place by USFS. Instructor: Dina Domino

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|-----------|--------------|----|-------|-------|------|
| Thursday* | 5:10-5:40 pm | 11 | \$124 | \$148 | 5390 |
|-----------|--------------|----|-------|-------|------|

SKATE INTO SYNCHRO

For Pre-Alpha through Delta students, age 6 years and up. This class will emphasize the basics to develop a foundation for synchronized team skating. Students will learn to skate together in formations, including lines, circles & blocks. Class will be divided into skill building & performance time. Must be registered for a regular skating class to participate. Instructor: Dina Domino

| | | | | | |
|-----------|--------------|----|-------|-------|------|
| Thursday* | 5:40-6:20 pm | 11 | \$124 | \$148 | 5389 |
|-----------|--------------|----|-------|-------|------|

AXEL/DOUBLE JUMP CLASS

For skaters Freestyle 3 & Above.

Skaters will work on waltz loops, back scratch, axel preparation and double jumps. Class size is limited.

| | | | | | |
|-----------|--------------|----|-------|-------|------|
| Thursday~ | 5:40-6:10 pm | 11 | \$124 | \$148 | 5354 |
|-----------|--------------|----|-------|-------|------|

BOYS CLUB

This is a time for boys of all ages to come together and skate. Learn basic skills all the way through freestyle elements! This class will be taught on the studio arena by our instructor, Nico Osseland.

| | | | | | |
|------------|--------------|----|-------|-------|------|
| Wednesday~ | 4:00-4:30 pm | 11 | \$113 | \$135 | 5364 |
|------------|--------------|----|-------|-------|------|

LACE (LEARNING AND CULTIVATING EDUCATION) Student Teacher Training Program

Students must be in high school and passed ISI tested FS4 to participate! The Franklin Park Ice Arena is excited to offer a student teacher training program designed to introduce skaters into the world of teaching. This program will be limited to ten skaters only to allow for a more personalized assessment of the students progress.

Level 2: Gamma thru FS2. Instructor: Maura Drew

| | | | | | |
|------------|--------------|----|------|-------|------|
| Wednesday^ | 6:10-6:50 pm | 11 | \$92 | \$110 | 5380 |
|------------|--------------|----|------|-------|------|

~Studio Arena *Main Arena ^Party Room

ABOUT OUR WINTER SKATING SCHOOL...

We follow the Ice Skating Institute curriculum. weSKATE is the leading learn-to-skate program that focuses on teaching people to skate for the FUN of it.

- Classes meet once per week and the winter session is eleven weeks long
- Progress Reports are given mid session and Report Cards at the end of each session
- Our professional coaches are available for “private lessons” if extra help is needed
- Spectators are not allowed in the Studio Arena
- Prorated refund requests are accepted at the front counter until the end of the second week of class. An administrative fee will be charged
- You can enroll in more than one class
- There are no “makeups”
- Skates are available for rent at \$3 or you can purchase a Discount Skate Rental card (\$30 for 15 rentals).
- Freestyle ice and Public Skating sessions are available at an extra charge for practice time



PRIVATE LESSONS

We offer private lessons for skaters at any level. Our professional coaches can help your skater achieve their goals. Would you like more information? Pick up a Private Lesson flyer at the ice arena or download one from our website fpice.com.

MORE ABOUT OUR SKATING SCHOOL...

Skating requires consistent practice!

Students and parents are reminded that skating is a skill that requires practice in order to advance to the next level.

Students should plan to practice in addition to their weekly lesson. We also offer several *Let's Skate* Public Sessions throughout the week at a reasonable price. In addition, students may choose to augment their lesson with a freestyle session. There are several half hour weekday freestyle sessions for students Gamma and below who are working with a private instructor. For our more advanced skaters, freestyle ice is available six days a week. Please see our Freestyle Supervisor, front counter staff or website for a schedule of available times.

As a guide, students should practice weekly in addition to their lesson on the following scale:

| | |
|----------------------------|------------------|
| Tots, Beginners, Pre-Alpha | 1 to 1-1/2 hours |
| Alpha/Beta/Gamma/Delta | 1-1/2 to 2 hours |
| Freestyle 1-4 | 2 to 3-1/2 hours |
| Freestyle 5 and above | 3-1/2 to 6 hours |

FUSION SKATING CLUB

Everyone in classes is invited to join our Fusion Skating Club. We host special events throughout the skating season in order to build friendships amongst skaters and allow time for skaters of all levels to interact.

Fusion club members are eligible to skate in special club numbers in both our Holiday & Spring Ice Shows, as well as local competitions, attend holiday parties & join volunteer activities.

Season Fee: \$35 (additional fees required for shows & competitions & a nominal fee for the holiday party)

Park District of Franklin Park Ice Arena

9711 Waveland Avenue

Franklin Park, Illinois 60131

Telephone: 847-671-4268 / Fax: 847-671-4755

Contact: Skate School Director Anne Raucci
araucci@fpparks.org

www.fpice.com