

Franklin Park Ice Arena



Spring 2022 Program Schedule



Session 3:

February 28 - May 7, 2022

Session 3 is 10 Weeks

Don't delay...Registration begins soon!

In District: February 15

Out of District: February 16

Registration Options:

Register online at fpice.com!

In-person registration hours:

Monday thru Friday, 9am-8pm

Sat & Sun - 8am-4pm

Let's Skate

Public Session Schedule

Monday	11:30am-1:00pm
Tuesday	11:30am-1:00pm
Wednesday	11:30am-1:00pm & 7:10-8:10pm
Thursday	11:30am-1:00pm
Friday	11:30am-1:00pm
Saturday	2:00-3:30pm & 8:20-9:50pm
Sunday	2:00-3:30pm

Admission \$6 / Skate Rental \$3

Schedule is subject to change.

Please check for updates on fpice.com

***Interested In Becoming A Member
Of One Of Our Starr Blades
Synchronized Skating Teams?***



***See the back page for more info on
upcoming free clinics and tryouts!***

Spring Ice Show 2022

It's the highlight of the season!

*The costumes are colorful, the music is energetic and
the lighting is vibrant. Best of all is watching our
Skating School students perform!*

May 13 @ 6pm

May 14 @ 4pm

May 15 @ 2pm

Admission \$8 (ages 4 & up)

Spring Skating at the FPIA!

Spring Ice Show ~ May 13, 14 & 15!



Tots AGES 3, 4 & 5 enroll in a weekly class that meets for 30 minutes. As you progress, you'll be promoted to the Tot 2 class then on to Tot 3 and Tot 4!

Student/Teacher Ratio for Tots ~ 6:1

Day	Time	Wks	ID/OD	Code
Tot 1 beginners ages 3-5 (balancing & marching)				
Wednesday~	2:50-3:20 pm	10	\$76	5174
Wednesday~	5:05-5:35 pm	10	\$76	5183
Thursday~	5:10-5:40 pm	10	\$76	5194
Saturday~	10:20-10:50 am	10	\$76	5201

Tot 2 for Tot 1 graduates (gliding, marching)

Day	Time	Wks	ID	OD	Code
Wednesday~	2:50-3:20 pm	10	\$85	\$102	5181
Wednesday~	5:05-5:35 pm	10	\$85	\$102	5175
Thursday~	5:10-5:40 pm	10	\$85	\$102	5187
Saturday~	10:20-10:50 am	10	\$85	\$102	5210

Tot 3 & 4 (Tot 3: dip, wiggle, back swizzle, beginning stroking, stops Tot 4: swizzles, stroking, beginning crossovers)

Day	Time	Wks	ID	OD	Code
Wednesday~	2:50-3:20 pm	10	\$85	\$102	5182
Wednesday~	5:05-5:35 pm	10	\$85	\$102	5180
Thursday~	5:10-5:40 pm	10	\$85	\$102	5190
Saturday~	10:20-10:50 am	10	\$85	\$102	5207

Student/Teacher Ratio for Beginners and Above ~ 10:1

BEGINNERS AGES 6-12 As you progress, you'll be promoted to the "Pre-Alpha" class, then on to "Alpha".

Day	Time	Wks	ID/OD	Code
Monday~	6:10-6:50 pm	10	\$86	5154
Wednesday~	6:15-6:55 pm	10	\$86	5171
Thursday*	5:40-6:20 pm	10	\$86	5195
Saturday~	9:40-10:20 am	10	\$86	5199
Saturday~	11:30am-12:10pm	10	\$86	5202

ADULTS LIKE TO SKATE TOO!

AGES 15 & OLDER enroll in a weekly class from our Beginner and Intermediate levels.

TEEN/ADULT: Level 1 Beginner (beginning skating through backwards crossovers)

Saturday~	9:00-9:40 am	10	\$98	\$115	5204
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TEEN/ADULT: Level 2 Intermediate (3-turns, spins and jumps)

Saturday~	9:00-9:40 am	10	\$98	\$115	5205
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TEEN/ADULT: Level 1 & 2 Combined

Wednesday*	3:20-4:00 pm	10	\$98	\$115	5173
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Student/Teacher Ratio for Beginner and above ~ 10:1

PRE-ALPHA for skaters who passed Beginners (swizzles, gliding, beginning stroking)

Day	Time	Wks	ID	OD	Code
Monday~	6:50-7:30 pm	10	\$99	\$116	5162
Wednesday~	5:35-6:15 pm	10	\$99	\$116	5176
Thursday~	4:30-5:10 pm	10	\$99	\$116	5186
Saturday~	9:40-10:20 am	10	\$99	\$116	5200

ALPHA 1 (snowplow stop, forward stroking and crossovers)

Monday~	5:25-6:05 pm	10	\$99	\$116	5168
Wednesday~	6:15-6:55 pm	10	\$99	\$116	5179
Thursday*	4:30-5:10 pm	10	\$99	\$116	5193
Saturday~	10:50-11:30 am	10	\$99	\$116	5206

ALPHA 2 (advanced snowplow stop, forward stroking and crossovers)

Monday~	6:50-7:30 pm	10	\$99	\$116	5161
Wednesday~	6:15-6:55 pm	10	\$99	\$116	5178
Thursday*	4:30-5:10 pm	10	\$99	\$116	5192
Saturday~	10:50-11:30 am	10	\$99	\$116	5208

BETA 1 (t-stops, back stroking and backward crossovers)

Monday~	6:10-6:50 pm	10	\$99	\$116	5160
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BETA 2 (advanced t-stops, back stroking and backward crossovers)

Monday~	6:10-6:50 pm	10	\$99	\$116	5159
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BETA 1 & 2 Combined

Thursday*	5:40-6:20 pm	10	\$99	\$116	5189
Saturday~	10:50-11:30 am	10	\$99	\$116	5203

GAMMA (outside 3-turns, mohawks and hockey stops)

Monday~	5:25-6:05 pm	10	\$99	\$116	5155
Wednesday~	5:35-6:15 pm	10	\$99	\$116	5172
Saturday~	11:30a-12:10p	10	\$99	\$116	5211

DELTA (edges, inside 3-turns, lunges and bunny hops)

Monday~	5:25-6:05 pm	10	\$99	\$116	5158
Wednesday~	5:35-6:15 pm	10	\$99	\$116	5177
Saturday~	11:30a-12:10p	10	\$99	\$116	5209



Register Online!
 Enjoy the benefits of checking program availability, class descriptions and registering from home. Visit our website fpice.com to get started!

~Studio Arena *Main Arena ^Party Room

847-671-4268 * fpice.com

FREESTYLE CLASSES

Student/Teacher Ratio for Freestyle levels ~ 10:1

Day	Time	Wks	ID	OD	Code
FREESTYLE 1 (<i>back edges, waltz & 1/2 flip jumps, forward spiral and 2-foot spin for Delta graduates</i>)					
Monday*	5:25-6:05 pm	10	\$111	\$132	5166
FREESTYLE 2 (<i>ballet, waltz combo jump, half lutz jumps, one foot spin, spirals and footwork</i>)					
Monday*	5:25-6:05 pm	10	\$111	\$132	5167
FREESTYLE 3 (<i>salchow and toe loop, change foot spin, back spiral and pivot, and footwork</i>)					
Monday*	5:25-6:05 pm	10	\$111	\$132	5165
FREESTYLE 1, 2 & 3 COMBINED					
Thursday*	4:30-5:10 pm	10	\$111	\$132	5198
FREESTYLE 4 (<i>flip, loop, sit spin, back 3-turns, back spirals</i>)					
Monday*	5:25-6:05 pm	10	\$111	\$132	5164
FREESTYLE 4 & UP COMBINED					
Thursday*	4:30-5:10 pm	10	\$111	\$132	5191
FREESTYLE 5 (<i>lutz, axel, camel, camel sit, back scratch, footwork</i>)					
Monday*	6:05-6:45 pm	10	\$111	\$132	5156
FREESTYLE 6 & ABOVE (<i>split jump/falling leaf, double salchow, combo spin, layback, sit change spin, footwork</i>)					
Monday*	6:05-6:45 pm	10	\$111	\$132	5163

SPECIALTY CLASSES

MOVES IN THE FIELD + FREESTYLE

This class will help skaters increase power and strength.

The focus is on edge quality, power, extension, and quickness. Instructor: Julie Kero & Anne Raucci

Tuesday*	6:00-6:30 am	10	\$116	\$137	5169
Freestyle	6:30-7:00 am	Included			

ICE DANCING + FREESTYLE

For skaters Delta or above. This class will be an introduction to Ice Dance patterns. You will be preparing for your Ice Dancing tests. Ice Dancing is especially helpful to Synchro skaters, as these tests are required for high level teams. You will also improve the edge quality of all your turns & steps. Instructor: Jake Fearnley & Helen Schorse

Thursday*	6:00-6:30 am	10	\$116	\$137	5188
Freestyle	6:30-7:00 am	Included			

OFF ICE JUMP CLASS

For skaters Freestyle 5 & Above.

This class works well in combination with our on-ice freestyle classes. You will be doing off-ice drills to improve your jump technique. Focus will be on axels & double jumps. Instructor: Joey Moore

Monday^	5:25-5:55 pm	10	\$82	\$100	5212
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SPECIALTY CLASSES CONTINUED...

SYNCHRO MOVES & POWER

For skaters tested Beta or above. Further develop your synchronized skating skills with this moves skating class. Class focuses on moves patterns put in place by USFS.

Instructor: Dina Domino

Thursday*	5:10-5:40 pm	10	\$114	\$135	5197
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SKATE INTO SYNCHRO

For Pre-Alpha through Delta students, age 6 years and up. This class will emphasize the basics to develop a foundation for synchronized team skating. Students will learn to skate together in formations, including lines, circles & blocks.

Class will be divided into skill building & performance time. Must be registered for a regular skating class to participate. Instructor: Dina Domino

Thursday*	5:40-6:20 pm	10	\$114	\$135	5185
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AXEL/DOUBLE JUMP CLASS

For skaters Freestyle 3 & Above.

Skaters will work on waltz loops, back scratch, axel preparation and double jumps. Class size is limited.

Instructors: Jackie Caira & Hannah Post

Thursday~	5:40-6:10 pm	10	\$114	\$135	5214
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BOYS CLUB

This is a time for boys of all ages to come together and skate. Learn basic skills all the way through freestyle elements!

This class will be taught on the studio arena by our instructor, Nico Osseland.

Wednesday~	4:00-4:30 pm	10	\$114	\$135	5170
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LACE (LEARNING AND CULTIVATING EDUCATION) Student Teacher Training Program

Students must be in high school and passed ISI tested FS4 to participate! The Franklin Park Ice Arena is excited to offer a student teacher training program designed to introduce skaters into the world of teaching. This program will be limited to ten skaters only to allow for a more personalized assessment of the students progress.

Level 2: Gamma thru FS2. Instructor: Maura Drew

Wednesday^	6:10-6:50 pm	10	\$82	\$100	5213
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~Studio Arena *Main Arena ^Party Room

ABOUT OUR SPRING SKATING SCHOOL...

We follow the Ice Skating Institute curriculum. weSKATE is the leading learn-to-skate program that focuses on teaching people to skate for the FUN of it.

- Classes meet once per week and the spring session is ten weeks long
- Progress Reports are given mid session and Report Cards at the end of each session
- Our professional coaches are available for “private lessons” if extra help is needed
- Spectators are not allowed in the Studio Arena
- Prorated refund requests are accepted at the front counter until the end of the second week of class. An administrative fee will be charged
- You can enroll in more than one class
- There are no “makeups”
- Skates are available for rent at \$3 or you can purchase a Discount Skate Rental card (\$30 for 15 rentals).
- Freestyle ice and Public Skating sessions are available at an extra charge for practice time

MORE ABOUT OUR SKATING SCHOOL...

Skating requires consistent practice!

Students and parents are reminded that skating is a skill that requires practice in order to advance to the next level.

Students should plan to practice in addition to their weekly lesson. We also offer several *Let's Skate* Public Sessions throughout the week at a reasonable price. In addition, students may choose to augment their lesson with a freestyle session. There are several half hour weekday freestyle sessions for students Gamma and below who are working with a private instructor. For our more advanced skaters, freestyle ice is available six days a week. Please see our Freestyle Supervisor, front counter staff or website for a schedule of available times.

As a guide, students should practice weekly in addition to their lesson on the following scale:

Tots, Beginners, Pre-Alpha	1 to 1-1/2 hours
Alpha/Beta/Gamma/Delta	1-1/2 to 2 hours
Freestyle 1-4	2 to 3-1/2 hours
Freestyle 5 and above	3-1/2 to 6 hours

STARR BLADES SYNCHRONIZED SKATING PROGRAM

OPTION 1: 2022-23 TEAM (LEVEL TBA)

Age Requirement: 13 & under
Skating Level: Passed FS 1 or above

Free Clinics (if you meet the above criteria)
Saturdays, March 5 & 12, 8:00-9:00am

Tryouts for Team
Saturday, March 19, 8:00-9:00am

OPTION 2: 2022-23 TEAM (LEVEL TBA)

Age Requirement: 13 years & under
Skating Level: Alpha or above

Free Clinics (if you meet the above criteria)
Thursdays, March 3 & 10, 6:30-7:30pm

Tryouts for Team
Thursday, March 17, 6:30-7:30pm

PRIVATE LESSONS

We offer private lessons for skaters at any level. Our professional coaches can help your skater achieve their goals. Would you like more information? Pick up a Private Lesson flyer at the ice arena or download one from our website fpice.com.

Park District of Franklin Park Ice Arena

9711 Waveland Avenue
Franklin Park, Illinois 60131
Telephone: 847-671-4268 / Fax: 847-671-4755

Contact: Skate School Director Anne Raucci
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www.fpice.com