



# Step Up Your Game Spring 2022

**Panthers Step Up Your Game is geared toward the athlete that is committed to putting in the work to advance their skills. On ice sessions will concentrate on honing in puck handling and skating skills. \*NEW\* We have added an off ice component to the program that will focus on agility, speed and fitness.**

**Step up your game participants will be eligible for a house select team per level!  
*Additional fees will apply if participating on the house select team.***

## Gold Mite

**Thursdays**

**Mar 24 - May 26**

**6:10-7:00pm**

## Squirt

**Tuesdays**

**Mar 22 - May 24**

**6:10-7:10pm**

## Pee Wee

**Tuesdays**

**Mar 22 - May 24**

**7:20-8:20pm**

## Bantam

**Tuesdays**

**Mar 22 - May 24**

**8:30-9:30pm**

**GM Fee: \$120 ID / \$135 OD**

**SQ/PW/BN Fee: \$135 ID / \$150 OD**

**\*Must be a current registered Panther player to participate\***

**Registration is going on NOW, in-person or online at [www.fpice.com](http://www.fpice.com)**

Park District  
of FRANKLIN PARK  
Ice Arena

**Questions? Contact us @ 847-671-4268**