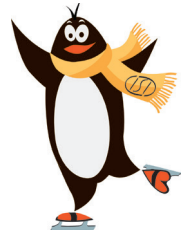


# Franklin Park Ice Arena



## Fall 2022 Program Schedule



### ***Session 1:***

***September 12 - November 26***

**Session 1 is 10-11 Weeks**

**(No classes on Thanksgiving, Thursday,  
November 24)**

Don't delay...Registration begins soon!

**In District: August 16**

**Out of District: August 17**

### **Registration Options:**

**Register online at [fpice.com](http://fpice.com)!**

**In-person registration hours thru Sept 5:**

**Monday thru Friday, 9am-4pm**

**Closed for Labor Day Sept 6**

**In-person registration hours as of Sept 7:**

**M-F, 9am-8pm / Sat/Sun, 8am-7pm**

### **Holiday Recital 2022**

**Saturday, December 3 @ 4:30pm**

**Sunday, December 4 @ 3:00pm**

Be sure to reserve the first weekend in December for the performance of our annual Holiday Recital. You'll enjoy the talents of our young skaters as they perform to the music of the season. We promise to lift your spirits and help you celebrate the special joys of the holiday season.

**After Saturday's performance, everyone who attends the show is invited to stay and skate for FREE!**

Skaters who wish to be part of the festivities will be able to register for the Holiday Recital once classes start in September. Additional recital information will be released in September.

### **Class Evaluations**

For returning skaters who were not able to be tested this Summer and are unsure of proper class placement...

**Thursday, September 8**

**on the Studio Arena**

4:00-4:25pm - Tots, Beginner, Pre-Alpha

4:25-4:50pm - Alpha, Beta, Gamma, Delta

4:50-5:15pm - All Freestyle Levels

### ***Scary Skate!***

**Saturday, October 29th, 2:00-3:30pm**

We all missed out last year so we can't wait to see one of our favorite events return!

Get into the spirit of Halloween by joining us for a spooktacular time on the ice! Wear your scariest or most creative costume and get half off admission to public session. We award prizes for the best costumes and we'll have treat bags for all the kids!

# FALL Into Skating at the FPIA!

## No Classes On Thursday, November 24



**Tots AGES 3, 4 & 5** enroll in a weekly class that meets for 30 minutes. As you progress, you'll be promoted to the Tot 2 class then on to Tot 3 and Tot 4!

### Student/Teacher Ratio for Tots ~ 6:1

Day	Time	Wks	ID/OD	Code
<b>Tot 1</b> beginners ages 3-5 (balancing & marching)				
Wednesday~	5:05-5:35 pm	11	\$80	6130
Thursday~	4:30-5:00 pm	10	\$74	6131
Thursday~	5:10-5:40 pm	10	\$74	6132
Saturday~	10:20-10:50 am	11	\$80	6191

### Tot 2 for Tot 1 graduates (gliding, marching)

			ID	OD	Code
Wednesday~	5:05-5:35 pm	11	\$94	\$112	6138
Thursday~	4:30-5:00 pm	10	\$85	\$102	6135
Thursday~	5:10-5:40 pm	10	\$85	\$102	6133
Saturday~	10:20-10:50 am	11	\$94	\$112	6134

### Tot 3 & 4 (Tot 3: dip, wiggle, back swizzle, beginning stroking, stops Tot 4: swizzles, stroking, beginning crossovers)

			ID	OD	Code
Wednesday~	5:05-5:35 pm	11	\$94	\$112	6143
Thursday~	5:10-5:40 pm	10	\$85	\$102	6140
Saturday~	10:20-10:50 am	11	\$94	\$112	6139

### Student/Teacher Ratio for Beginners and Above ~ 10:1

**BEGINNERS AGES 6-12** As you progress, you'll be promoted to the "Pre-Alpha" class, then on to "Alpha".

			ID/OD	Code
Monday~	6:10-6:50 pm	11	\$86	6146
Wednesday~	6:15-6:55 pm	11	\$86	6145
Thursday~	5:40-6:10 pm	10	\$70	6144
Saturday~	9:40-10:20 am	11	\$86	6148
Saturday~	11:30am-12:10pm	11	\$86	6147

### ADULTS LIKE TO SKATE TOO!

**AGES 15 & OLDER** enroll in a weekly class from our Beginner and Intermediate levels.

**TEEN/ADULT: Level 1 Beginner** (beginning skating through backwards crossovers)

Saturday~	9:00-9:40 am	11	\$110	\$128	6153
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**TEEN/ADULT: Level 2 Intermediate** (3-turns, spins and jumps)

Saturday~	9:00-9:40 am	11	\$110	\$128	6154
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**TEEN/ADULT: Level 1 & 2 Combined**

Wednesday*	3:20-4:00 pm	11	\$110	\$128	6190
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### Student/Teacher Ratio for Beginner and above ~ 10:1

**PRE-ALPHA** for skaters who passed Beginners (swizzles, gliding, beginning stroking)

Day	Time	Wks	ID	OD	Code
Monday~	6:50-7:30 pm	11	\$110	\$128	6149
Wednesday~	5:35-6:15 pm	11	\$110	\$128	6152
Thursday~	4:30-5:10 pm	10	\$100	\$117	6150
Saturday~	9:40-10:20 am	11	\$110	\$128	6151

**ALPHA 1** (snowplow stop, forward stroking and crossovers)

Monday~	5:25-6:05 pm	11	\$110	\$128	6155
Wednesday~	6:15-6:55 pm	11	\$110	\$128	6158
Thursday*	4:30-5:10 pm	10	\$100	\$117	6157
Saturday~	10:50-11:30 am	11	\$110	\$128	6156

**ALPHA 2** (advanced snowplow stop, forward stroking and crossovers)

Monday~	6:50-7:30 pm	11	\$110	\$128	6159
Wednesday~	6:15-6:55 pm	11	\$110	\$128	6162
Thursday*	4:30-5:10 pm	10	\$100	\$117	6161
Saturday~	10:50-11:30 am	11	\$110	\$128	6160

**BETA 1** (t-stops, back stroking and backward crossovers)

Monday~	6:10-6:50 pm	11	\$110	\$128	6164
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**BETA 2** (advanced t-stops, back stroking and backward crossovers)

Monday~	6:10-6:50 pm	11	\$110	\$128	6167
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**BETA 1 & 2 Combined**

Thursday*	5:40-6:20 pm	10	\$100	\$117	6166
Saturday~	10:50-11:30 am	11	\$110	\$128	6165

**GAMMA** (outside 3-turns, mohawks and hockey stops)

Monday~	5:25-6:05 pm	11	\$110	\$128	6179
Wednesday~	5:35-6:15 pm	11	\$110	\$128	6181
Saturday~	11:30am-12:10pm	11	\$110	\$128	6180

**DELTA** (edges, inside 3-turns, lunges and bunny hops)

Monday~	5:25-6:05 pm	11	\$110	\$128	6169
Wednesday~	5:35-6:15 pm	11	\$110	\$128	6171
Saturday~	11:30am-12:10pm	11	\$110	\$128	6170

**Register Online!**  
 Enjoy the benefits of checking program availability, class descriptions and registering from home. Visit our website **fpice.com** to get started!

~Studio Arena \*Main Arena ^Party Room

847-671-4268 \* fpice.com

## FREESTYLE CLASSES

*Student/Teacher Ratio for Freestyle levels ~ 10:1*

Day	Time	Wks	ID	OD	Code
<b>FREESTYLE 1</b> ( <i>back edges, waltz &amp; 1/2 flip jumps, forward spiral and 2-foot spin for Delta graduates</i> )					
Monday*	5:25-6:05 pm	11	\$124	\$147	6172
<b>FREESTYLE 2</b> ( <i>ballet, waltz combo jump, half lutz jumps, one foot spin, spirals and footwork</i> )					
Monday*	5:25-6:05 pm	11	\$124	\$147	6174
<b>FREESTYLE 3</b> ( <i>salchow and toe loop, change foot spin, back spiral and pivot, and footwork</i> )					
Monday*	5:25-6:05 pm	11	\$124	\$147	6175
<b>FREESTYLE 1, 2 &amp; 3 COMBINED</b>					
Thursday*	4:30-5:10 pm	10	\$113	\$134	6173
<b>FREESTYLE 4</b> ( <i>flip, loop, sit spin, back 3-turns, back spirals</i> )					
Monday*	5:25-6:05 pm	11	\$124	\$147	6177
<b>FREESTYLE 4 &amp; UP COMBINED</b>					
Thursday*	4:30-5:10 pm	10	\$113	\$134	6176
<b>FREESTYLE 5</b> ( <i>lutz, axel, camel, camel sit, back scratch, footwork</i> )					
Monday*	6:05-6:45 pm	11	\$124	\$147	6178
<b>FREESTYLE 6 &amp; ABOVE</b> ( <i>split jump/falling leaf, double salchow, combo spin, layback, sit change spin, footwork</i> )					
Monday*	6:05-6:45 pm	11	\$124	\$147	6194

## SPECIALTY CLASSES

### MOVES IN THE FIELD + FREESTYLE

This class will help skaters increase power and strength. The focus is on edge quality, power, extension, and quickness. Instructor: Courtney Dziadosz & Anne Raucci

Tuesday*	6:00-6:30 am	11	\$128	\$152	6184
Freestyle	6:30-7:00 am		Included		

### ICE DANCING + FREESTYLE

For skaters Delta or above. This class will be an introduction to Ice Dance patterns. You will be preparing for your Ice Dancing tests. Ice Dancing is especially helpful to Synchro skaters, as these tests are required for high level teams. You will also improve the edge quality of all your turns & steps. Instructor: Jake Fearnley & Helen Schorse

Thursday*	6:00-6:30 am	10	\$117	\$139	6182
Freestyle	6:30-7:00 am		Included		

### OFF ICE DANCE CLASS

For skaters Delta & Above. Skating & dancing go hand in hand. Come try our NEW dance class with Coach Quinton! Different styles of dance will be worked on. This will help skaters with their overall coordination both on & off the ice. Instructor: Quinton Clemons

Monday^	6:50-7:30 pm	11	\$93	\$113	6185
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## SPECIALTY CLASSES CONTINUED...

### SYNCHRO MOVES & POWER

Further develop your synchronized skating skills with this moves skating class. Class focuses on moves patterns put in place by USFS.

Instructor: Dina Domino  
Thursday\* 5:10-5:40 pm 10 For Starr Blades Only

### SKATE INTO SYNCHRO

For Pre-Alpha through Delta students, age 6 years and up. This class will emphasize the basics to develop a foundation for synchronized team skating. Students will learn to skate together in formations, including lines, circles & blocks. Class will be divided into skill building & performance time. Must be registered for a regular skating class to participate. Instructor: Dina Domino

Thursday\* 5:40-6:20 pm 10 \$117 \$139 6188

### AXEL/DOUBLE JUMP CLASS

For skaters Freestyle 3 & Above. Skaters will work on waltz loops, back scratch, axel preparation and double jumps. Class size is limited.

Thursday\* 5:40-6:10 pm 10 \$117 \$139 6163

### BOYS CLUB

This is a time for boys of all ages to come together and skate. Learn basic skills all the way through freestyle elements! This class will be taught on the studio arena by our instructor, Nico Osseland.

Wednesday~ 4:00-4:30 pm 11 \$117 \$139 6168

### LACE (LEARNING AND CULTIVATING EDUCATION) Student Teacher Training Program

Students must be in high school and passed ISI tested FS4 to participate! The Franklin Park Ice Arena is excited to offer a student teacher training program designed to introduce skaters into the world of teaching. This program will be limited to ten skaters only to allow for a more personalized assessment of the students progress.

Level 1: Tot thru Beta. Instructor: Maura Drew  
Wednesday^ 6:10-6:50 pm 11 \$96 \$114 6183

~Studio Arena \*Main Arena ^Party Room

847-671-4268 \*fpice.com

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## ABOUT OUR FALL SKATING SCHOOL...

We follow the Ice Skating Institute curriculum. weSKATE is the leading learn-to-skate program that focuses on teaching people to skate for the FUN of it.

- Classes meet once per week and the fall session is ten to eleven weeks long
- Progress Reports are given mid session and Report Cards at the end of each session
- Our professional coaches are available for “private lessons” if extra help is needed
- Spectators are not allowed in the Studio Arena
- Prorated refund requests are accepted at the front counter until the end of the second week of class. An administrative fee will be charged
- You can enroll in more than one class
- There are no “makeups”
- Skates are available for rent at \$3 or you can purchase a Discount Skate Rental card (\$30 for 15 rentals).
- Freestyle ice and Public Skating sessions are available at an extra charge for practice time



### PRIVATE LESSONS

We offer private lessons for skaters at any level. Our professional coaches can help your skater achieve their goals. Would you like more information? Pick up a Private Lesson flyer at the ice arena or download one from our website [fpice.com](http://fpice.com).

## MORE ABOUT OUR SKATING SCHOOL...

*Skating requires consistent practice!*

Students and parents are reminded that skating is a skill that requires practice in order to advance to the next level.

Students should plan to practice in addition to their weekly lesson. We also offer several *Let's Skate* Public Sessions throughout the week at a reasonable price. In addition, students may choose to augment their lesson with a freestyle session. There are several half hour weekday freestyle sessions for students Gamma and below who are working with a private instructor. For our more advanced skaters, freestyle ice is available six days a week. Please see our Freestyle Supervisor, front counter staff or website for a schedule of available times.

As a guide, students should practice weekly in addition to their lesson on the following scale:

Tots, Beginners, Pre-Alpha	1 to 1-1/2 hours
Alpha/Beta/Gamma/Delta	1-1/2 to 2 hours
Freestyle 1-4	2 to 3-1/2 hours
Freestyle 5 and above	3-1/2 to 6 hours

### FUSION SKATING CLUB

Everyone in classes is invited to join our Fusion Skating Club. We host special events throughout the skating season in order to build friendships amongst skaters and allow time for skaters of all levels to interact.

Fusion club members are eligible to skate in special club numbers in both our Holiday & Spring Ice Shows, as well as local competitions, attend holiday parties & join volunteer activities.

**Season Fee: \$35** (additional fees required for shows & competitions & a nominal fee for the holiday party)

### Park District of Franklin Park Ice Arena

9711 Waveland Avenue

Franklin Park, Illinois 60131

Telephone: 847-671-4268 / Fax: 847-671-4755

**Contact: Skate School Director Anne Raucci**  
[araucci@fpparks.org](mailto:araucci@fpparks.org)

[www.fpice.com](http://www.fpice.com)