Step Up Your Game Winter 2022-23

Panthers Step Up Your Game is geared toward the athlete that is committed to putting in the work to advance their skills. On ice sessions will concentrate on honing in puck handling and skating skills. *NEW* We have added an off ice component to the program that will focus on agility, speed and fitness.
Step up your game participants will be eligible for a house select team per level!
Additional fees will apply if participating on the house select team.

Gold Mite	Squirt	Pee Wee	Bantam
Wednesdays	Tuesdays	Tuesdays	Tuesdays
Nov 30 - Feb 22	Nov 29 - Feb 21	Nov 29 - Feb 21	Nov 29 - Feb 21
7:05-8:05pm	6:10-7:10pm	7:20-8:20pm	8:30-9:30pm
(no 12/28 & 1/4)	*(no 12/27 & 1/3)*	*(no 12/27 & 1/3)*	*(no 12/27 & 1/3)*

Fee: $145 ID / $155 OD

Must be a current registered Panther player to participate

Registration is going on NOW, in-person or online at www.fpice.com

Park District of FRANKLIN PARK Ice Arena

Questions? Contact Hockey Director Brandon Niedziela at bniedziela@fpparks.org or call 847-671-4268