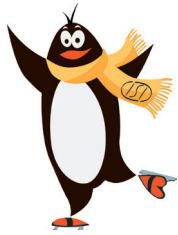
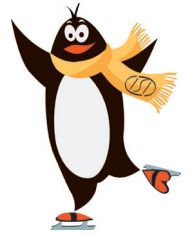


Franklin Park Ice Arena



Winter 2022-23 Program Schedule



Session 2:

November 28, 2022 thru

February 25, 2023

Session 2 is 11 Weeks

2 Week Holiday Break

December 22 - January 4

Classes resume January 5

Don't delay...Registration begins soon!

In District: November 15

Out of District: November 16

Registration Options:

Register online at fpice.com or

register at our front desk

M-F, 9am-8pm / Sat & Sun, 8am-7pm

Let's Skate

Public Session Schedule

Monday	11:30am-1:00pm
Tuesday	11:30am-1:00pm
Wednesday	11:30am-1:00pm & 7:20-8:40pm
Thursday	11:30am-1:00pm
Friday	11:30am-1:00pm
Saturday	2:00-3:30pm & 8:20-9:50pm
Sunday	2:00-3:30pm

Admission \$6 / Skate Rental \$3

Schedule is subject to change.

Please check for updates on fpice.com

Holiday Recital 2022

Saturday, December 3 @ 4:30pm

Sunday, December 4 @ 2:30pm

Admission \$5, Ages 4 & Up

You'll enjoy the talents of our young skaters as they perform to the music of the season. We promise to lift your spirits and help you celebrate the special joys of the holiday season.

After Saturday's performance, everyone who attends the show is invited to stay and skate with SANTA for FREE!

**Skater registration for the recital has ended*

Spring Ice Show 2022

It's the highlight of the season!

May 19 @ 6pm

May 20 @ 4pm

May 21 @ 2pm

Don't miss out on your chance to shine in our annual Spring Ice Show! Registration for the show begins mid-December. Students participating in Sessions 2 & 3 of lessons are eligible to participate.

Our Spring Ice Show brochure will be made available prior to registration.

Winter Skating at the FPIA!

Holiday Break: December 22 - January 4



Tots AGES 3, 4 & 5 enroll in a weekly class that meets for 30 minutes. As you progress, you'll be promoted to the Tot 2 class then on to Tot 3 and Tot 4!

Student/Teacher Ratio for Tots ~ 6:1

Day	Time	Wks	ID/OD	Code
Tot 1 <i>beginners ages 3-5 (balancing & marching)</i>				
Wednesday~	5:05-5:35 pm	11	\$80	6229
Thursday~	4:30-5:00 pm	11	\$80	6226
Thursday~	5:10-5:40 pm	11	\$80	6227
Saturday~	10:20-10:50 am	11	\$80	6225

Tot 2 for Tot 1 graduates (gliding, marching)

Day	Time	Wks	ID	OD	Code
Wednesday~	5:05-5:35 pm	11	\$94	\$112	6234
Thursday~	4:30-5:00 pm	11	\$94	\$112	6231
Thursday~	5:10-5:40 pm	11	\$94	\$112	6232
Saturday~	10:20-10:50 am	11	\$94	\$112	6230

Tot 3 & 4 (Tot 3: dip, wiggle, back swizzle, beginning stroking, stops Tot 4: swizzles, stroking, beginning crossovers)

Day	Time	Wks	ID	OD	Code
Wednesday~	5:05-5:35 pm	11	\$94	\$112	6238
Thursday~	5:10-5:40 pm	11	\$94	\$112	6236
Saturday~	10:20-10:50 am	11	\$94	\$112	6235

Student/Teacher Ratio for Beginners and Above ~ 10:1

BEGINNERS AGES 6-12 As you progress, you'll be promoted to the "Pre-Alpha" class, then on to "Alpha".

Day	Time	Wks	ID/OD	Code
Monday~	6:10-6:50 pm	11	\$86	6239
Wednesday~	6:15-6:55 pm	11	\$86	6243
Thursday~	5:40-6:10 pm	11	\$80	6242
Saturday~	9:40-10:20 am	11	\$86	6241
Saturday~	11:30am-12:10pm	11	\$86	6240

ADULTS LIKE TO SKATE TOO!

AGES 15 & OLDER enroll in a weekly class from our Beginner and Intermediate levels.

TEEN/ADULT: Level 1 Beginner (*beginning skating through backwards crossovers*)

Saturday~	9:00-9:40 am	11	\$110	\$128	6222
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TEEN/ADULT: Level 2 Intermediate (*3-turns, spins and jumps*)

Saturday~	9:00-9:40 am	11	\$110	\$128	6223
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TEEN/ADULT: Level 1 & 2 Combined

Wednesday*	3:20-4:00 pm	11	\$110	\$128	6224
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Student/Teacher Ratio for Beginner and above ~ 10:1

PRE-ALPHA for skaters who passed Beginners (*swizzles, gliding, beginning stroking*)

Day	Time	Wks	ID	OD	Code
Monday~	6:50-7:30 pm	11	\$110	\$128	6244
Wednesday~	5:35-6:15 pm	11	\$110	\$128	6247
Thursday~	4:30-5:10 pm	11	\$110	\$128	6246
Saturday~	9:40-10:20 am	11	\$110	\$128	6245

ALPHA 1 (*snowplow stop, forward stroking and crossovers*)

Monday~	5:25-6:05 pm	11	\$110	\$128	6249
Wednesday~	6:15-6:55 pm	11	\$110	\$128	6252
Thursday*	4:30-5:10 pm	11	\$110	\$128	6251
Saturday~	10:50-11:30 am	11	\$110	\$128	6250

ALPHA 2 (*advanced snowplow stop, forward stroking and crossovers*)

Monday~	6:50-7:30 pm	11	\$110	\$128	6253
Wednesday~	6:15-6:55 pm	11	\$110	\$128	6255
Thursday*	4:30-5:10 pm	11	\$110	\$128	6248
Saturday~	10:50-11:30 am	11	\$110	\$128	6254

BETA 1 (*t-stops, back stroking and backward crossovers*)

Monday~	6:10-6:50 pm	11	\$110	\$128	6256
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BETA 2 (*advanced t-stops, back stroking and backward crossovers*)

Monday~	6:10-6:50 pm	11	\$110	\$128	6259
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BETA 1 & 2 Combined

Thursday*	5:40-6:20 pm	11	\$110	\$128	6258
Saturday~	10:50-11:30 am	11	\$110	\$128	6257

GAMMA (*outside 3-turns, mohawks and hockey stops*)

Monday~	5:25-6:05 pm	11	\$110	\$128	6260
Wednesday~	5:35-6:15 pm	11	\$110	\$128	6262
Saturday~	11:30am-12:10pm	11	\$110	\$128	6261

DELTA (*edges, inside 3-turns, lunges and bunny hops*)

Monday~	5:25-6:05 pm	11	\$110	\$128	6263
Wednesday~	5:35-6:15 pm	11	\$110	\$128	6265
Saturday~	11:30am-12:10pm	11	\$110	\$128	6264



Register Online!
 Enjoy the benefits of checking program availability, class descriptions and registering from home. Visit our website **fpice.com** to get started!

~Studio Arena *Main Arena ^Party Room

847-671-4268 * fpice.com

FREESTYLE CLASSES

Student/Teacher Ratio for Freestyle levels ~ 10:1

Day	Time	Wks	ID	OD	Code
FREESTYLE 1 (<i>back edges, waltz & 1/2 flip jumps, forward spiral and 2-foot spin for Delta graduates</i>)					
Monday*	5:25-6:05 pm	11	\$124	\$147	6268
FREESTYLE 2 (<i>ballet, waltz combo jump, half lutz jumps, one foot spin, spirals and footwork</i>)					
Monday*	5:25-6:05 pm	11	\$124	\$147	6270
FREESTYLE 3 (<i>salchow and toe loop, change foot spin, back spiral and pivot, and footwork</i>)					
Monday*	5:25-6:05 pm	11	\$124	\$147	6271
FREESTYLE 1, 2 & 3 COMBINED					
Thursday*	4:30-5:10 pm	11	\$124	\$147	6269
FREESTYLE 4 (<i>flip, loop, sit spin, back 3-turns, back spirals</i>)					
Monday*	5:25-6:05 pm	11	\$124	\$147	6273
FREESTYLE 4 & UP COMBINED					
Thursday*	4:30-5:10 pm	11	\$124	\$147	6272
FREESTYLE 5 (<i>lutz, axel, camel, camel sit, back scratch, footwork</i>)					
Monday*	6:05-6:45 pm	11	\$124	\$147	6274
FREESTYLE 6 & ABOVE (<i>split jump/falling leaf, double salchow, combo spin, layback, sit change spin, footwork</i>)					
Monday*	6:05-6:45 pm	11	\$124	\$147	6275

SPECIALTY CLASSES

MOVES IN THE FIELD + FREESTYLE

This class will help skaters increase power and strength. The focus is on edge quality, power, extension, and quickness. Instructor: Courtney Dziadosz & Anne Raucci

Tuesday*	6:00-6:30 am	11	\$128	\$152	6280
Freestyle	6:30-7:00 am		Included		

ICE DANCING + FREESTYLE

For skaters Delta or above. This class will be an introduction to Ice Dance patterns. You will be preparing for your Ice Dancing tests. Ice Dancing is especially helpful to Synchro skaters, as these tests are required for high level teams. You will also improve the edge quality of all your turns & steps. Instructor: Jake Fearnley & Helen Schorse

Thursday*	6:00-6:30 am	11	\$128	\$152	6277
Freestyle	6:30-7:00 am		Included		

SPECIALTY CLASSES CONTINUED...

SYNCHRO MOVES & POWER

Further develop your synchronized skating skills with this moves skating class. Class focuses on moves patterns put in place by USFS.

Instructor: Dina Domino

Thursday* 5:10-5:40 pm 11 For Starr Blades Only

OFF ICE DANCE CLASS

For skaters Delta & Above.

Skating & dancing go hand in hand. Come try our NEW dance class with Coach Quinton! Different styles of dance will be worked on. This will help skaters with their overall coordination both on & off the ice.

Instructor: Quinton Clemons

Monday^ 6:50-7:30 pm 11 \$93 \$113 6281

AXEL/DOUBLE JUMP CLASS

For skaters Freestyle 3 & Above.

Skaters will work on waltz loops, back scratch, axel preparation and double jumps. Class size is limited.

Thursday* 5:40-6:10 pm 11 \$128 \$152 6266

BOYS CLUB

This is a time for boys of all ages to come together and skate. Learn basic skills all the way through freestyle elements!

This class will be taught on the studio arena by our instructor, Nico Osseland.

Wednesday~ 4:00-4:30 pm 11 \$117 \$139 6267

LACE (LEARNING AND CULTIVATING EDUCATION)

Student Teacher Training Program

Students must be in high school and passed ISI tested FS4 to participate! The Franklin Park Ice Arena is excited to offer a student teacher training program designed to introduce skaters into the world of teaching. This program will be limited to ten skaters only to allow for a more personalized assessment of the students progress.

Level 2: Gamma thru FS2. Instructor: Maura Drew

Wednesday^ 6:10-6:50 pm 11 \$96 \$114 6278

~Studio Arena *Main Arena ^Party Room

847-671-4268 *fpice.com

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ABOUT OUR WINTER SKATING SCHOOL...

We follow the Ice Skating Institute curriculum. weSKATE is the leading learn-to-skate program that focuses on teaching people to skate for the FUN of it.

- Classes meet once per week and the winter session is eleven weeks long
- Progress Reports are given mid session and Report Cards at the end of each session
- Our professional coaches are available for “private lessons” if extra help is needed
- Spectators are not allowed in the Studio Arena
- Prorated refund requests are accepted at the front counter until the end of the second week of class. An administrative fee will be charged
- You can enroll in more than one class
- There are no “makeups”
- Skates are available for rent at \$3 or you can purchase a Discount Skate Rental card (\$30 for 15 rentals).
- Freestyle ice and Public Skating sessions are available at an extra charge for practice time

PRIVATE LESSONS

We offer private lessons for skaters at any level. Our professional coaches can help your skater achieve their goals. Would you like more information? Pick up a Private Lesson flyer at the ice arena or download one from our website fpice.com.

FREE SKATING PRACTICE TIMES HAVE RETURNED!

Mondays & Thursdays
(No free practice during holiday break)
3:00-4:30pm on the Studio Arena

*Tot, Beginner, Pre-Alpha, Alpha, Beta & Gamma Students Only

*Must be registered for the current session of skating lessons.

*Only the registered student is allowed on the ice.

MORE ABOUT OUR SKATING SCHOOL...

Skating requires consistent practice!

Students and parents are reminded that skating is a skill that requires practice in order to advance to the next level.

Students should plan to practice in addition to their weekly lesson. We also offer several *Let's Skate* Public Sessions throughout the week at a reasonable price. In addition, students may choose to augment their lesson with a freestyle session. There are several half hour weekday freestyle sessions for students Gamma and below who are working with a private instructor. For our more advanced skaters, freestyle ice is available six days a week. Please see our Freestyle Supervisor, front counter staff or website for a schedule of available times.

As a guide, students should practice weekly in addition to their lesson on the following scale:

Tots, Beginners, Pre-Alpha	1 to 1-1/2 hours
Alpha/Beta/Gamma/Delta	1-1/2 to 2 hours
Freestyle 1-4	2 to 3-1/2 hours
Freestyle 5 and above	3-1/2 to 6 hours

FUSION SKATING CLUB

Everyone in classes is invited to join our Fusion Skating Club. We host special events throughout the skating season in order to build friendships amongst skaters and allow time for skaters of all levels to interact.

Fusion club members are eligible to skate in special club numbers in both our Holiday & Spring Ice Shows, as well as local competitions, attend holiday parties & join volunteer activities.

Season Fee: \$35 (additional fees required for shows & competitions & a nominal fee for the holiday party)

Park District of Franklin Park Ice Arena

9711 Waveland Avenue
Franklin Park, Illinois 60131
Telephone: 847-671-4268 / Fax: 847-671-4755

Contact: Skate School Director Anne Raucci
araucci@fpparks.org

www.fpice.com