# Franklin Park Ice Arena



# Fall 2023 Program Schedule



## Session 1:

September 11 - November 25
Session 1 is 10-11 Weeks
(No classes on Thanksgiving, Thursday,
November 23)

Don't delay...Registration begins soon!
In District: August 22
Out of District: August 23

## **Registration Options:**

Register online at fpice.com!
In-person registration hours thru Sept 1:
 Monday thru Friday, 9am-4pm
 Closed for Labor Day Sept 2-4
In-person registration hours as of Sept 5:
 M-F, 9am-8pm / Sat/Sun, 8am-7pm

# **Holiday Recital 2023**

Saturday, December 2 @ 4:30pm Sunday, December 3 @ 3:00pm

Be sure to reserve the first weekend in December for the performance of our annual Holiday Recital. You'll enjoy the talents of our young skaters as they perform to the music of the season. We promise to lift your spirits and help you celebrate the special joys of the holiday season.

After Saturday's performance, everyone who attends the show is invited to stay and skate for FREE!

Skaters who wish to be part of the festivities will be able to register for the Holiday Recital once classes start in September. Additional recital information will be released in September.

### **Class Evaluations**

For returning skaters who were not able to be tested this Summer and are unsure of proper class placement...

Thursday, September 7 on the Studio Arena 4:30-5:30pm - All Levels

# Scary Skate! Saturday, October 28th, 2:00-3:30pm

Get into the spirit of Halloween by joining us for a spooktacular time on the ice! Wear your scariest or most creative costume and get half off admission to public session. We award prizes for the best costumes and we'll have treat bags for all the kids!

# FALL Into Skating at the FPIA!

## No Classes On Thursday, November 23



**Tots AGES 3, 4 & 5** enroll in a weekly class that meets for 30 minutes. As you progress, you'll be promoted to the Tot 2 class then on to Tot 3 and Tot 4!

#### Student/Teacher Ratio for Tots ~ 6:1

| Day   | Time           | Wks II |      | OD   | Code |  |
|---|----------------|--------|------|------|------|--|
| Tot 1 beginners ages 3-5 (balancing & marching) |                |        |      |      |      |  |
| Wednesday~                                      | 5:05-5:35 pm   | 11     | \$88 | \$95 | 7233 |  |
| Thursday~                                       | 4:30-5:00 pm   | 10     | \$81 | \$86 | 7235 |  |
| Thursday~                                       | 5:10-5:40 pm   | 10     | \$81 | \$86 | 7236 |  |
| Saturday~                                       | 10:20-10:50 am | 11     | \$88 | \$95 | 7234 |  |

#### Tot 2 for Tot 1 graduates (gliding, marching)

|            |                |    | ID   | OD    | Code |
|------------|----------------|----|------|-------|------|
| Wednesday~ | 5:05-5:35 pm   | 11 | \$97 | \$115 | 7242 |
| Thursday~  | 4:30-5:00 pm   | 10 | \$89 | \$92  | 7239 |
| Thursday~  | 5:10-5:40 pm   | 10 | \$89 | \$92  | 7240 |
| Saturday~  | 10:20-10:50 am | 11 | \$97 | \$115 | 7238 |

Tot 3 & 4 (Tot 3: dip, wiggle, back swizzle, beginning stroking, stops Tot 4: swizzles, stroking, beginning crossovers)

|            |                |    | ID   | OD    | Code |
|------------|----------------|----|------|-------|------|
| Wednesday~ | 5:05-5:35 pm   | 11 | \$97 | \$115 | 7245 |
| Thursday~  | 5:10-5:40 pm   | 10 | \$89 | \$92  | 7246 |
| Saturday~  | 10:20-10:50 am | 11 | \$97 | \$115 | 7243 |

#### Student/Teacher Ratio for Beginners and Above ~ 10:1

**BEGINNERS AGES 6-12** As you progress, you'll be promoted to the "Pre-Alpha" class, then on to "Alpha".

|            |                 |    | ID   | OD    | Code |
|------------|-----------------|----|------|-------|------|
| Monday~    | 6:10-6:50 pm    | 11 | \$92 | \$100 | 7247 |
| Wednesday~ | 6:15-6:55 pm    | 11 | \$92 | \$100 | 7251 |
| Thursday~  | 5:40-6:10 pm    | 10 | \$84 | \$91  | 7250 |
| Saturday~  | 9:40-10:20 am   | 11 | \$92 | \$100 | 7249 |
| Saturday~  | 11:30am-12:10pm | 11 | \$92 | \$100 | 7248 |
|            |                 |    |      |       |      |



### Register Online!

Enjoy the benefits of checking program availability, class descriptions and registering from home. Visit our website **fpice.com** to get started!

~Studio Arena \*Main Arena ^Party Room

847-671-4268 \* fpice.com

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#### **ADULTS LIKE TO SKATE TOO!**

**AGES 15 & OLDER** enroll in a weekly class from our Beginner and Intermediate levels.

**TEEN/ADULT: Level 1 Beginner** (beginning skating through backwards crossovers)

| Saturday~   | 9:00-9:40 am | 11 | \$116 | \$134 | 7290 |  |  |
|---|--------------|----|-------|-------|------|--|--|
| TEEN/ADULT: Level 2 Intermediate (3-turns, spins and jumps) |              |    |       |       |      |  |  |
| Saturday~   | 9:00-9:40 am | 11 | \$116 | \$134 | 7291 |  |  |
| TEEN/ADULT: Level 1 & 2 Combined                            |              |    |       |       |      |  |  |
| Wednesday*  | 3:20-4:00 pm | 11 | \$116 | \$134 | 7292 |  |  |
|   |              |    |       |       |      |  |  |

#### Student/Teacher Ratio for Beginner and above ~ 10:1

PRE-ALPHA for skaters who passed Beginners (swizzles, gliding, beginning stroking)

| beginning strok | ring)               | _          | ·         | -      |      |
|-----------------|---------------------|------------|-----------|--------|------|
| Day             | Time                | Wks        | ID        | OD     | Code |
| Monday~         | 6:50-7:30 pm        | 11         | \$115     | \$138  | 7253 |
| Wednesday~      | 5:35-6:15 pm        | 11         | \$115     | \$138  | 7255 |
| Thursday~       | 4:30-5:10 pm        | 10         | \$104     | \$120  | 7252 |
| Saturday~       | 9:40-10:20 am       | 11         | \$115     | \$138  | 7254 |
|                 |                     |            |           |        |      |
| ALPHA 1 (snot   | wplow stop, forward | stroking a | and cross | overs) |      |
| Monday~         | 5:25-6:05 pm        | 11         | \$118     | \$138  | 7256 |
| Wednesday~      | 6:15-6:55 pm        | 11         | \$118     | \$138  | 7259 |
| Thursday*       | 4:30-5:10 pm        | 10         | \$108     | \$120  | 7258 |
| Saturday~       | 10:50-11:30 am      | 11         | \$118     | \$138  | 7257 |
|                 |                     |            |           |        |      |

## ALPHA 2 (advanced snowplow stop, forward stroking and crossovers)

| Monday~    | 6:50-7:30 pm   | 11 | \$118 | \$138 | 7260 |
|------------|----------------|----|-------|-------|------|
| Wednesday~ | 6:15-6:55 pm   | 11 | \$118 | \$138 | 7263 |
| Thursday*  | 4:30-5:10 pm   | 10 | \$108 | \$120 | 7262 |
| Saturday~  | 10:50-11:30 am | 11 | \$118 | \$138 | 7261 |

**BETA 1** (*t-stops, back stroking and backward crossovers*)

6:10-6:50 pm

Monday~

Monday~ 6:10-6:50 pm 11 \$118 \$138 7264

#### **BETA 2** (advanced t-stops, back stroking and backward crossovers)

\$118

\$138

7267

| Beta 1 & 2 Combined |                       |        |             |       |      |  |  |  |  |
|---------------------|-----------------------|--------|-------------|-------|------|--|--|--|--|
| Thursday*           | 5:40-6:10 pm          | 10     | \$98        | \$108 | 7266 |  |  |  |  |
| Saturday~           | 10:50-11:30 am        | 11     | \$118       | \$138 | 7265 |  |  |  |  |
| _                   |                       |        |             |       |      |  |  |  |  |
| GAMMA (outsid       | de 3-turns, mohawks a | and ho | ckey stops) |       |      |  |  |  |  |
| Monday~             | 5:25-6:05 pm          | 11     | \$118       | \$138 | 7268 |  |  |  |  |
| Wednesday~          | 5:35-6:15 pm          | 11     | \$118       | \$138 | 7270 |  |  |  |  |
| Saturday~           | 11:30am-12:10pm       | 11     | \$118       | \$138 | 7269 |  |  |  |  |
|                     |                       |        |             |       |      |  |  |  |  |

#### DELTA (edges, inside 3-turns, lunges and bunny hops)

| , ,        | , ,             |    | , ,   |       |      |
|------------|-----------------|----|-------|-------|------|
| Monday~    | 5:25-6:05 pm    | 11 | \$118 | \$138 | 7271 |
| Wednesday~ | 5:35-6:15 pm    | 11 | \$118 | \$138 | 7273 |
| Saturday~  | 11:30am-12:10pm | 11 | \$118 | \$138 | 7272 |

### FREESTYLE CLASSES

#### Student/Teacher Ratio for Freestyle levels ~ 10:1

| Day   | Time  | Wks        | ID                        | OD          | Code   |  |  |  |  |
|---|---|------------|---------------------------|-------------|--------|--|--|--|--|
| FREESTYLE 1 (back edges, waltz & 1/2 flip jumps, forward spiral and 2 –foot spin for Delta graduates) |   |            |                           |             |        |  |  |  |  |
| Monday*   | 5:25-6:05 pm  | 11         | \$138                     | \$156       | 7274   |  |  |  |  |
| FREESTYLE <b>2</b> (ballet, waltz combo jump, half lutz jumps, one foot spin, spirals and footwork)   |   |            |                           |             |        |  |  |  |  |
| Monday*   | 5:25-6:05 pm  | 11         | \$138                     | \$156       | 7276   |  |  |  |  |
| FREESTYLE 3 and pivot, and  | (salchow and toe<br>footwork)   | e loop, ch | nange foot s <sub>l</sub> | pin, back s | spiral |  |  |  |  |
| Monday*   | 5:25-6:05 pm  | 11         | \$138                     | \$156       | 7277   |  |  |  |  |
| FREESTYLE 1   | , 2 & 3 Сомвім  | IED        |                           |             |        |  |  |  |  |
| Thursday*   | 4:30-5:10 pm  | 10         | \$125                     | \$143       | 7275   |  |  |  |  |
| FREESTYLE 4   | (flip, loop, sit spi  | n, back 3  | -turns, back              | spirals)    |        |  |  |  |  |
| Monday*   | 5:25-6:05 pm  | 11         | \$138                     | \$156       | 7279   |  |  |  |  |
| FREESTYLE 4   | & UP COMBINE  | D          |                           |             |        |  |  |  |  |
| Thursday*   | 4:30-5:10 pm  | 10         | \$125                     | \$143       | 7278   |  |  |  |  |
| FREESTYLE 5   | (lutz, axel, came   | l, camel   | sit, back scr             | atch, footw | vork)  |  |  |  |  |
| Monday*   | 6:05-6:45 pm  | 11         | \$138                     | \$156       | 7280   |  |  |  |  |
|   | FREESTYLE 6 & ABOVE (split jump/falling leaf, double salchow, combo spin, layback, sit change spin, footwork) |            |                           |             |        |  |  |  |  |
| Monday*   | 6:05-6:45 pm  | 11         | \$138                     | \$156       | 7283   |  |  |  |  |

### SPECIALTY CLASSES

#### MOVES IN THE FIELD + FREESTYLE

This class will help skaters increase power and strength. The focus is on edge quality, power, extension, and quickness. Instructor: Anne Raucci

| Tuesday*  | 6:00-6:30 am | 11 | \$138  | \$156 | 7282 |
|-----------|--------------|----|--------|-------|------|
| Freestyle | 6:30-7:00 am |    | Includ | led   |      |

#### ICE DANCING + FREESTYLE

For skaters Delta or above. This class will be an introduction to Ice Dance patterns. You will be preparing for your Ice Dancing tests. Ice Dancing is especially helpful to Synchro skaters, as these tests are required for high level teams. You will also improve the edge quality of all your turns & steps. Instructor: Jake Fearnley & Helen Schorse

| Thursday* | 6:00-6:30 am | 10 | \$125 | \$143 | 7281 |
|-----------|--------------|----|-------|-------|------|
| Freestyle | 6:30-7:00 am |    |       |       |      |

# SPECIALTY CLASSES CONTINUED...

#### **AXEL/DOUBLE JUMP CLASS**

For skaters Freestyle 3 & Above.

Skaters will work on waltz loops, back scratch, axel preparation and double jumps. Class size is limited.

Thursday\* 5:40-6:10 pm 10 \$128 \$142 7284

#### **BOYS CLUB**

This is a time for boys of all ages to come together and skate. Learn basic skills all the way through freesyle elements! This class will be taught on the studio arena by our instructor, Felecia Brandies

Wednesday\* 4:30-5:00 pm 11 \$138 \$156 7285

# LACE (LEARNING AND CULTIVATING EDUCATION) Student Teacher Training Program

Students must be in high school and passed ISI tested FS4 to participate! The Franklin Park Ice Arena is excited to offer a student teacher training program designed to introduce skaters into the world of teaching. This program will be limited to ten skaters only to allow for a more personalized assessment of the students progress.

Level 1: Tot thru Beta. Instructor: Felecia Brandies

Wednesday^ 6:10-6:50 pm 11 \$102 \$120 7286



~Studio Arena \*Main Arena ^Party Room

847-671-4268 \* fpice.com

# ABOUT OUR FALL SKATING SCHOOL...

We follow the Ice Skating Institute curriculum. weSKATE is the leading learn-to-skate program that focuses on teaching people to skate for the FUN of it.

- Classes meet once per week and the fall session is ten to eleven weeks long
- Progress Reports are given mid session and Report Cards at the end of each session
- Our professional coaches are available for "private lessons" if extra help is needed
- Spectators are not allowed in the Studio Arena
- Prorated refund requests are accepted at the front counter until the end of the second week of class. An administrative fee will be charged
- You can enroll in more than one class
- There are no "makeups"
- Skates are available for rent at \$3 or you can purchase a Discount Skate Rental card (\$30 for 15 rentals).
- Freestyle ice and Public Skating sessions are available at an extra charge for practice time

### **FUSION SKATING CLUB**

Everyone in classes is invited to join our Fusion Skating Club. We host special events throughout the skating season in order to build friendships amongst skaters and allow time for skaters of all levels to interact.

Fusion club members are eligible to skate in special club numbers in both our Holiday & Spring Ice Shows, as well as local competitions, attend holiday parties & join volunteer activities.

Season Fee: \$40 (additional fees required for shows & competitions & a nominal fee for the holiday party. Starr Blades team members are automatically Fusion members & do not need to register)

\*First club event of the season - Franklin Park Fall Fest Parade, Sunday, October 1 @ 1pm!



# More About Our Skating School...

Skating requires consistent practice!
Students and parents are reminded that skating is a skill that requires practice in order to advance to the next level.

Students should plan to practice in addition to their weekly lesson. We also offer several *Let's Skate* Public Sessions throughout the week at a reasonable price. In addition, students may choose to augment their lesson with a freestyle session. There are several half hour weekday freestyle sessions for students Gamma and below who are working with a private instructor. For our more advanced skaters, freestyle ice is available six days a week. Please see our Freestyle Supervisor, front counter staff or website for a schedule of available times.

As a guide, students should practice weekly in addition to their lesson on the following scale:

Tots, Beginners, Pre-Alpha
Alpha/Beta/Gamma/Delta
1 to 1-1/2 hours
1-1/2 to 2 hours
Freestyle 1-4
2 to 3-1/2 hours
Freestyle 5 and above
3-1/2 to 6 hours

#### PRIVATE LESSONS

We offer private lessons for skaters at any level. Our professional coaches can help your skater achieve their goals. Would you like more information? Pick up a Private Lesson flyer at the ice arena or download one from our website fpice.com.

### Park District of Franklin Park Ice Arena

9711 Waveland Avenue Franklin Park, Illinois 60131 Telephone: 847-671-4268 / Fax: 847-671-4755

Contact: Skate School Director Anne Raucci araucci@fpparks.org

www.fpice.com