

# Step Up Your Game Winter '23-'24

Panthers Step Up Your Game is geared toward the athlete that is committed to putting in the extra work to advance their skills. These on-ice Studio Arena sessions will concentrate on improving puck handling ability and strengthening skating technique. Players will get more repetition and practice on skills that are key to elevating personal play. Our goal is to help every Panther player become the best player they can be.

### **Gold Mite**

Wednesdays Dec 6 - Feb 28 7:05-8:05pm

11 weeks \*No 12/27 & 1/3 \* Fee: ID \$160 / OD \$185

# Squirt

Thursdays
Dec 7 - Feb 29
6:20-7:20pm

11 weeks \*No 12/28 & 1/4\* Fee: ID \$160 / OD \$185

# Pee Wee

Wednesdays Dec 6 - Feb 28 8:15-9:15pm

11 weeks \*No 12/27 & 1/3 \* Fee: ID \$160 / OD \$185

# Bantam

Thursdays Dec 7 - Feb 29 8:40-9:40pm

11 weeks \*No 12/28 & 1/4\* Fee: ID \$160 / OD \$185

\*Must be a current registered Panther player to participate\*
Registration is going on NOW, in-person or online at www.fpice.com



Questions? Contact us at 847-671-4268

Hockey Director Brandon Niedziela bniedziela@fpparks.org Hockey Development Joe Schulz jschulz@fpparks.org