# Franklin Park Ice Arena

Winter 2023–24 Program Schedule

Session 2: November 27, 2023 thru February 24, 2024 Session 2 is 11 Weeks

2 Week Holiday Break December 23 - January 5

Don't delay...Registration begins soon! In District: November 14 Out of District: November 15

<u>Registration Options:</u> Register online at fpice.com or register at our front desk M-F, 9am-8pm, Sat & Sun, 8am-7pm

### <u>Let's Skate</u> <u>Public Session Schedule</u>

Monday	11:30am-1:00pm
Tuesday	11:30am-1:00pm
Wednesday	11:30am-1:00pm
	& 7:20-8:40pm
Thursday	11:30am-1:00pm
Friday	11:30am-1:00pm
Saturday	2:00-3:30pm & 8:20-9:50pm
Sunday	2:00-3:30pm

Admission \$7 / Skate Rental \$3 Schedule is subject to change. Please check for updates on fpice.com

Holiday Recital 2023 Saturday, December 2 @ 4:30pm Sunday, December 3 @ 2:30pm Admission \$6, Ages 4 & Up

You'll enjoy the talents of our young skaters as they perform to the music of the season. We promise to lift your spirits and help you celebrate the special joys of the holiday season.

\*Skater registration for the recital has ended

## Spring Ice Show 2024

*It's the highlight of the season!* 

May 17 @ 6pm May 18 @ 4pm May 19 @ 2pm

Don't miss out on your chance to shine in our annual Spring Ice Show! Registration for the show begins mid-December. Students participating in Sessions 2 & 3 of lessons are eligible to participate. Our Spring Ice Show brochure will be made available prior to registration.

### Winter Skating at the FPIA! Holiday Break: December 23 - January 5



Tots AGES 3, 4 & 5 enroll in a weekly class that meets for 30 minutes. As you progress, you'll be promoted to the Tot 2 class then on to Tot 3 and Tot 4!

#### Student/Teacher Ratio for Tots ~ 6:1

Day	Time	Wks	ID	OD	Code		
Tot 1 beginners ages 3-5 (balancing & marching)							
Wednesday~	5:05-5:35 pm	11	\$88	\$95	7444		
Thursday~	4:30-5:00 pm	11	\$88	\$95	7441		
Thursday~	5:10-5:40 pm	11	\$88	\$95	7442		
Saturday~	10:20-10:50 am	11	\$88	\$95	7440		

#### **Tot 2** for Tot 1 graduates (gliding, marching)

			ID	OD	Code
Wednesday~	5:05-5:35 pm	11	\$97	\$115	7449
Thursday~	4:30-5:00 pm	11	\$97	\$115	7446
Thursday~	5:10-5:40 pm	11	\$97	\$115	7451
Saturday~	10:20-10:50 am	11	\$97	\$115	7445

Tot 3 & 4 (Tot 3: dip, wiggle, back swizzle, beginning stroking, stops Tot 4: swizzles, stroking, beginning crossovers)

			ID	OD	Code
Wednesday~	5:05-5:35 pm	11	\$97	\$115	7453
Thursday~	5:10-5:40 pm	11	\$97	\$115	7451
Saturday~	10:20-10:50 am	11	\$97	\$115	7450

#### Student/Teacher Ratio for Beginners and Above ~ 10:1

BEGINNERS AGES 6-12 As you progress, you'll be promoted to the "Pre-Alpha" class, then on to "Alpha".

			ID	OD	Code
Monday~	6:10-6:50 pm	11	\$92	\$100	7454
Wednesday~	6:15-6:55 pm	11	\$92	\$100	7458
Thursday~	5:40-6:10 pm	11	\$92	\$100	7457
Saturday~	9:40-10:20 am	11	\$92	\$100	7456
Saturday~	11:30am-12:10pm	11	\$92	\$100	7455



### **Register Online !**

Enjoy the benefits of checking program availability, class descriptions and registering from home. Visit our website fpice.com to get started!

~Studio Arena \*Main Arena ^Party Room

847-671-4268 \* fpice.com

### **ADULTS LIKE TO SKATE TOO!**

AGES 15 & OLDER enroll in a weekly class from our Beginner and Intermediate levels.

<b>TEEN/ADULT: Level 1 Beginner</b> (beginning skating through backwards crossovers)						
Saturday~	9:00-9:40 am	11	\$116	\$134	7481	
TEEN/ADULT:	Level 2 Intermedi	i <b>ate</b> (3-t	urns, spin	s and jump	s)	
Saturday~	9:00-9:40 am	11	\$116	\$134	7482	
TEEN/ADULT: Level 1 & 2 Combined						
Wednesday*	3:50-4:20 pm	11	\$116	\$134	7483	

#### Student/Teacher Ratio for Beginner and above ~ 10:1

**PRE-ALPHA** for skaters who passed Beginners (swizzles, gliding, beginning stroking)

Day	Time	Wks	ID	OD	Code
Monday~	6:50-7:30 pm	11	\$115	\$138	7459
Wednesday~	5:35-6:15 pm	11	\$115	\$138	7462
Thursday~	4:30-5:10 pm	11	\$115	\$138	7461
Saturday~	9:40-10:20 am	11	\$115	\$138	7460

#### ALPHA 1 (snowplow stop, forward stroking and crossovers)

Monday~	5:25-6:05 pm	11	\$118	\$138	7464
Wednesday~	6:15-6:55 pm	11	\$118	\$138	7467
Thursday*	4:30-5:10 pm	11	\$118	\$138	7466
Saturday~	10:50-11:30 am	11	\$118	\$138	7465

#### **ALPHA 2** (advanced snowplow stop, forward stroking and crossovers)

6:50-7:30 pm	11	\$118	\$138	7468
6:15-6:55 pm	11	\$118	\$138	7470
4:30-5:10 pm	11	\$118	\$138	7463
10:50-11:30 am	11	\$118	\$138	7469
	6:15-6:55 pm 4:30-5:10 pm	6:15-6:55 pm 11 4:30-5:10 pm 11	6:15-6:55 pm 11 \$118 4:30-5:10 pm 11 \$118	6:15-6:55 pm 11 \$118 \$138 4:30-5:10 pm 11 \$118 \$138

#### **BETA 1** (t-stops, back stroking and backward crossovers)

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Monday	~	6:10-6:50 pm	11	\$118	\$138	7471

BETA 2 (adva	nced t-stops, back s	troking an	d backwa	rd crosso	vers)
Monday~	6:10-6:50 pm	11	\$118	\$138	7474

#### **BETA 1 & 2 Combined**

Thursday*	5:40-6:10 pm	11	\$118	\$138	7473			
Saturday~	10:50-11:30 am	11	\$118	\$138	7472			
GAMMA (outside 3-turns, mohawks and hockey stops)								
Monday~	5:25-6:05 pm	11	\$118	\$138	7475			
Wednesday~	5:35-6:15 pm	11	\$118	\$138	7477			
Saturday~	11:30am-12:10pm	11	\$118	\$138	7476			
<b>Delta</b> (edges, inside 3-turns, lunges and bunny hops)								
Monday~	5:25-6:05 pm	11	\$118	\$138	7478			
Wednesday~	5:35-6:15 pm	11	\$118	\$138	7480			
Saturday~	11:30am-12:10pm	11	\$118	\$138	7479			

### **FREESTYLE CLASSES**

Student/Teacher Ratio for Freestyle levels ~ 10:1						
Day	Time	Wks	ID	OD	Code	
	(back edges, wa r Delta graduates)		flip jumps, fo	orward spi	ral and	
Monday*	5:25-6:05 pm	11	\$138	\$156	7484	
<b>FREESTYLE 2</b> (ballet, waltz combo jump, half lutz jumps, one foot spin, spirals and footwork)						
Monday*	5:25-6:05 pm	11	\$138	\$156	7486	
<b>FREESTYLE 3</b> (salchow and toe loop, change foot spin, back spiral and pivot, and footwork)						
Monday*	5:25-6:05 pm	11	\$138	\$156	7487	
FREESTYLE 1, 2 & 3 COMBINED						
Thursday*	4:30-5:10 pm	11	\$138	\$156	7485	
FREESTYLE 4 (flip, loop, sit spin, back 3-turns, back spirals)						
Monday*	5:25-6:05 pm	11	\$138	\$156	7489	
FREESTYLE 4 & UP COMBINED						
Thursday*	4:30-5:10 pm	11	\$138	\$156	7488	
FREESTYLE 5 (lutz, axel, camel, camel sit, back scratch, footwork)						
Monday*	6:05-6:45 pm	11	\$138	\$156	7490	
<b>FREESTYLE 6 &amp; ABOVE</b> (split jump/falling leaf, double salchow, combo spin, layback, sit change spin, footwork)						
Monday*	6:05-6:45 pm	11	\$138	\$156	7491	

### SPECIALTY CLASSES

### Moves in the Field + Freestyle

This class will help skaters increase power and strength. The focus is on edge quality, power, extension, and quickness Instructor: Anne Baucci & Maddie Ortiz

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Tuesday*	6:00-6:30 am	11	\$138	\$156	7498
Freestyle	6:30-7:00 am		Incluc	led	

### ICE DANCING + FREESTYLE

For skaters Delta or above. This class will be an introduction to Ice Dance patterns. You will be preparing for your Ice Dancing tests. Ice Dancing is especially helpful to Synchro skaters, as these tests are required for high level teams. You will also improve the edge quality of all your turns & steps. Instructor: Jake Fearnley & Helen Schorse

Thursday*	6:00-6:30 am	11	\$138	\$156	7495
Freestyle	6:30-7:00 am		Inclue	ded	

### SPECIALTY CLASSES CONTINUED...

### **AXEL/DOUBLE JUMP CLASS**

For skaters Freestyle 3 & Above. Skaters will work on waltz loops, back scratch, axel preparation and double jumps. Class size is limited.

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### **BOYS CLUB**

This is a time for boys of all ages to come together and skate. Learn basic skills all the way through freesyle elements! This class will be taught on the studio arena by our instructor, Felecia Brandies

Wednesday*	4:30-5:00 pm	11	\$138	\$156	7493
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# LACE (LEARNING AND CULTIVATING EDUCATION) Student Teacher Training Program

Students must be in high school and passed ISI tested FS4 to participate! The Franklin Park Ice Arena is excited to offer a student teacher training program designed to introduce skaters into the world of teaching. This program will be limited to ten skaters only to allow for a more personalized assessment of the students progress. Level 2: Gamma thru FS2. Instructor: Felecia Brandies Wednesday^ 6:10-6:50 pm 11 \$102 \$120 7496



~Studio Arena \*Main Arena ^Party Room

847-671-4268 \* fpice.com

### About our Winter Skating School...

We follow the Ice Skating Institute curriculum. weSKATE is the leading learn-to-skate program that focuses on teaching people to skate for the FUN of it.

- Classes meet once per week and the winter session is eleven weeks long
- Progress Reports are given mid session and Report Cards at the end of each session
- Our professional coaches are available for "private lessons" if extra help is needed
- Spectators are not allowed in the Studio Arena
- Prorated refund requests are accepted at the front counter until the end of the second week of class. An administrative fee will be charged
- You can enroll in more than one class
- There are no "makeups"
- Skates are available for rent at \$3 or you can purchase a Discount Skate Rental card (\$30 for 15 rentals).
- Freestyle ice and Public Skating sessions are available at an extra charge for practice time

# More About Our Skating

### SCHOOL...

Skating requires consistent practice!

Students and parents are reminded that skating is a skill that requires practice in order to advance to the next level.

Students should plan to practice in addition to their weekly lesson. We also offer several *Let's Skate* Public Sessions throughout the week at a reasonable price. In addition, students may choose to augment their lesson with a freestyle session. There are several half hour weekday freestyle sessions for students Gamma and below who are working with a private instructor. For our more advanced skaters, freestyle ice is available six days a week. Please see our Freestyle Supervisor, front counter staff or website for a schedule of available times.

As a guide, students should practice weekly in addition to their lesson on the following scale:

Tots, Beginners, Pre-Alpha	1 to 1-1/2 hours
Alpha/Beta/Gamma/Delta	1-1/2 to 2 hours
Freestyle 1-4	2 to 3-1/2 hours
Freestyle 5 and above	3-1/2 to 6 hours



### **PRIVATE LESSONS**

We offer private lessons for skaters at any level. Our professional coaches can help your skater achieve their goals. Would you like more information? Pick up a Private Lesson flyer at the ice arena front desk or download one from our website fpice.com.



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